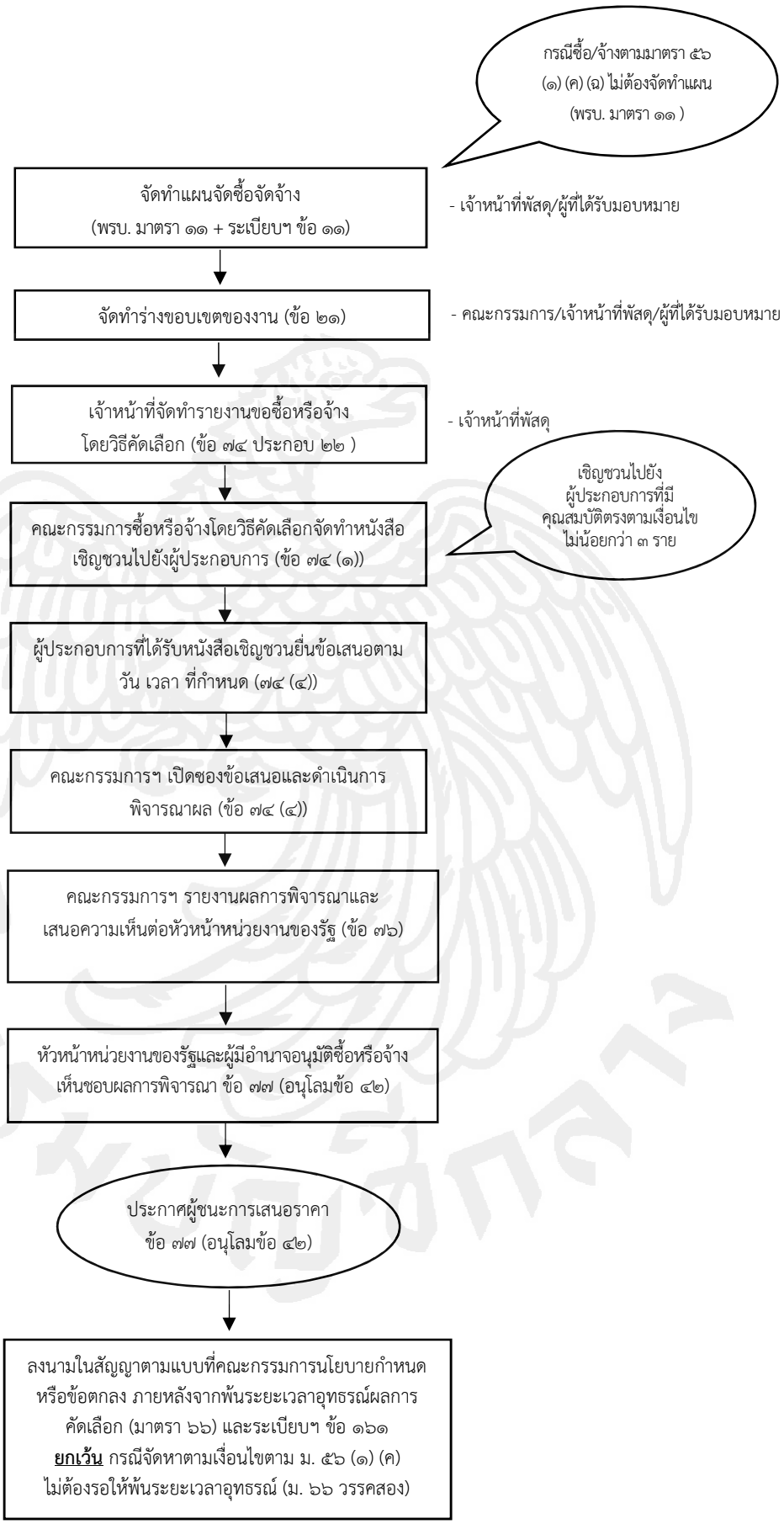Workflow วิธีคัดเลือก